

SUMMARY OF HOME IV OUTCOMES

Symptoms domain – decisions made

- The POEM scale was voted as adequate for measuring the symptoms of eczema in clinical trials and therefore is to be recommended for inclusion in the core outcome set.
- Itch, sleep loss, dryness, redness/inflamed skin, and irritated skin are all essential for measuring eczema.

Next steps:

- Some further validation work is needed on the POEM scale.
- Studies are required to establish how pain is part of the symptoms of eczema.

Quality of Life domain – decisions made

- Consensus was not achieved for any proposed instrument - a systematic review showed that no existing instrument can be recommended without further validation work.
- Essential subdomains of a suitable QoL instrument for eczema include physical, psychological and social functioning.

Next steps:

- Systematic review of the measurement properties of QoL scales for children to be conducted.
- Further validation studies on potential instruments for measuring QoL in adults.

Long-term control domain – decisions made

- No consensus was reached on whether long term control should be measured as a separate unique construct (e.g. flares) or it can be captured using repeated measurement of one of more of the other 3 domains.

Next steps:

- Qualitative work to establish what long-term control means to patients (with reference to the existing qualitative literature).
- An e-Delphi consensus study to agree what the domain of LTC should be.
- Other projects of interest were validation studies of LTC outcomes and exploration of frequency of data collection.