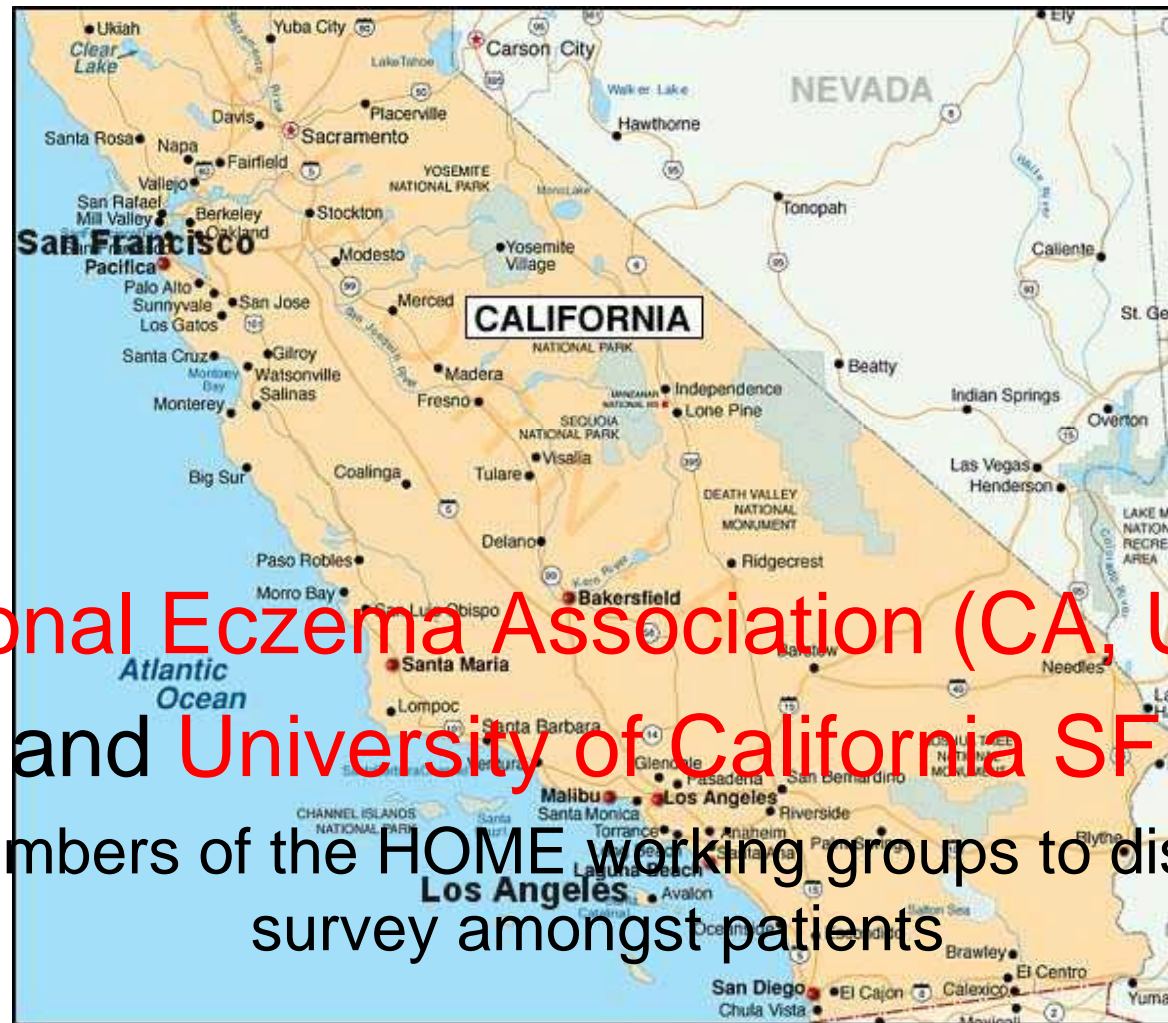


Eczema Signs and Symptoms: what is important to patients?

*Laura von Kobyletzki, Åke Svensson,
Jochen Schmitt, Joanne Chalmers,
Kim Thomas*

USA



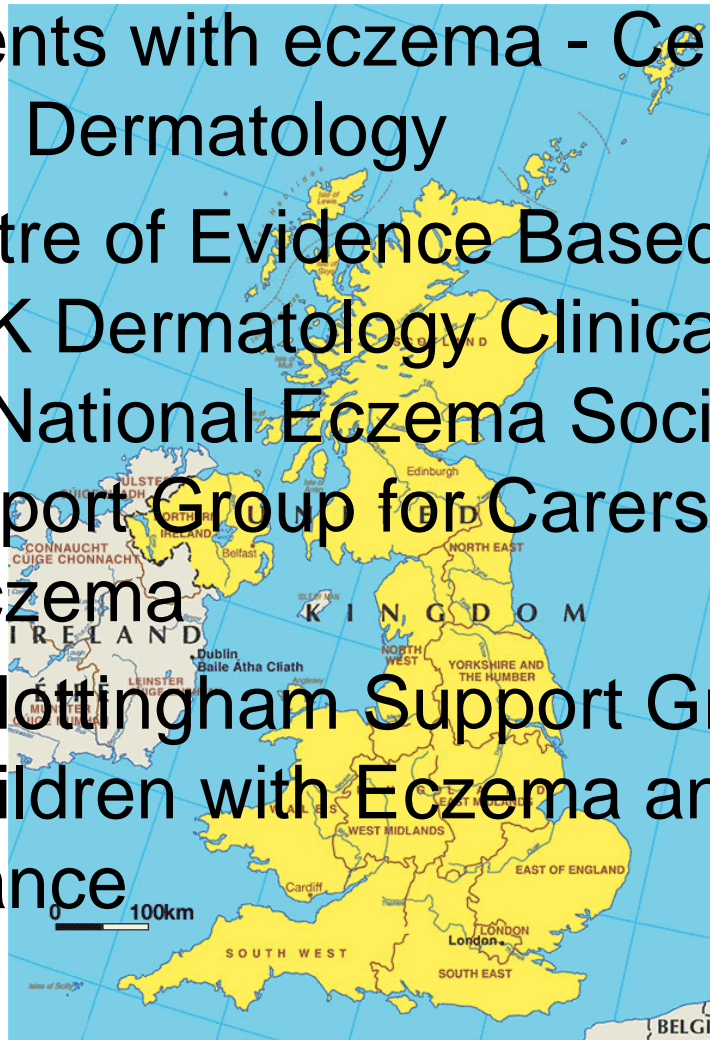
National Eczema Association (CA, USA),
and University of California SF
Asked members of the HOME working groups to distribute the
survey amongst patients

March 12th

Recruitment of study population

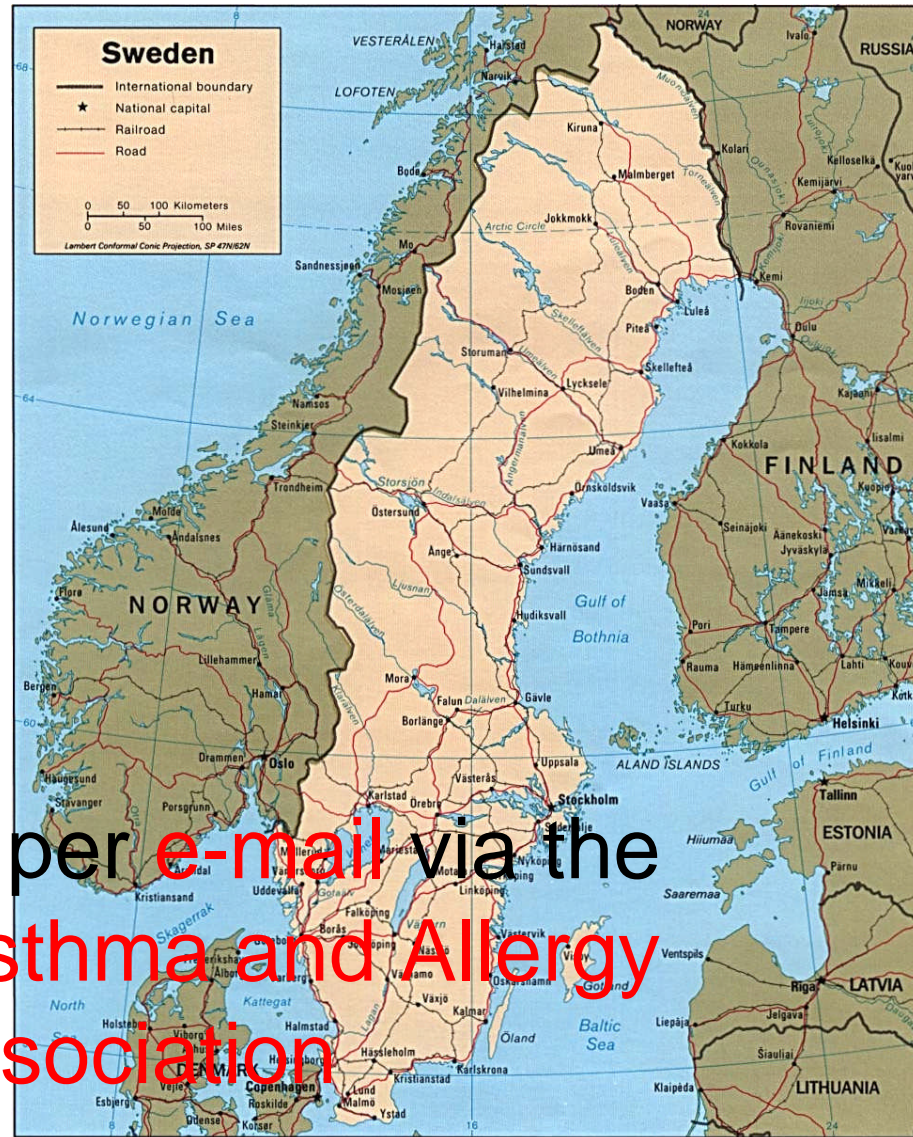
UK

- *E-mail*: to patients with eczema - Centre of Evidence Based Dermatology
- *Websites*: Centre of Evidence Based Dermatology, UK Dermatology Clinical Trials Network, National Eczema Society, Nottingham Support Group for Carers of Children with Eczema
- *Tweeted*: by Nottingham Support Group for Carers of Children with Eczema and the James Lind Alliance



March 8th -12th

Sweden



Distributed per e-mail via the
Swedish Asthma and Allergy
Association

March 8th -11th

Base 802434 (A04937) 2-96

**Asked HOME members to
distribute the survey**

Participants from



Participants

31.03.2013

831 complete surveys

Answered for

“Myself” 54.1%, n= 450

“My child” 42.4%, n= 351

“Another person” 3.6%, n= 30

Participants

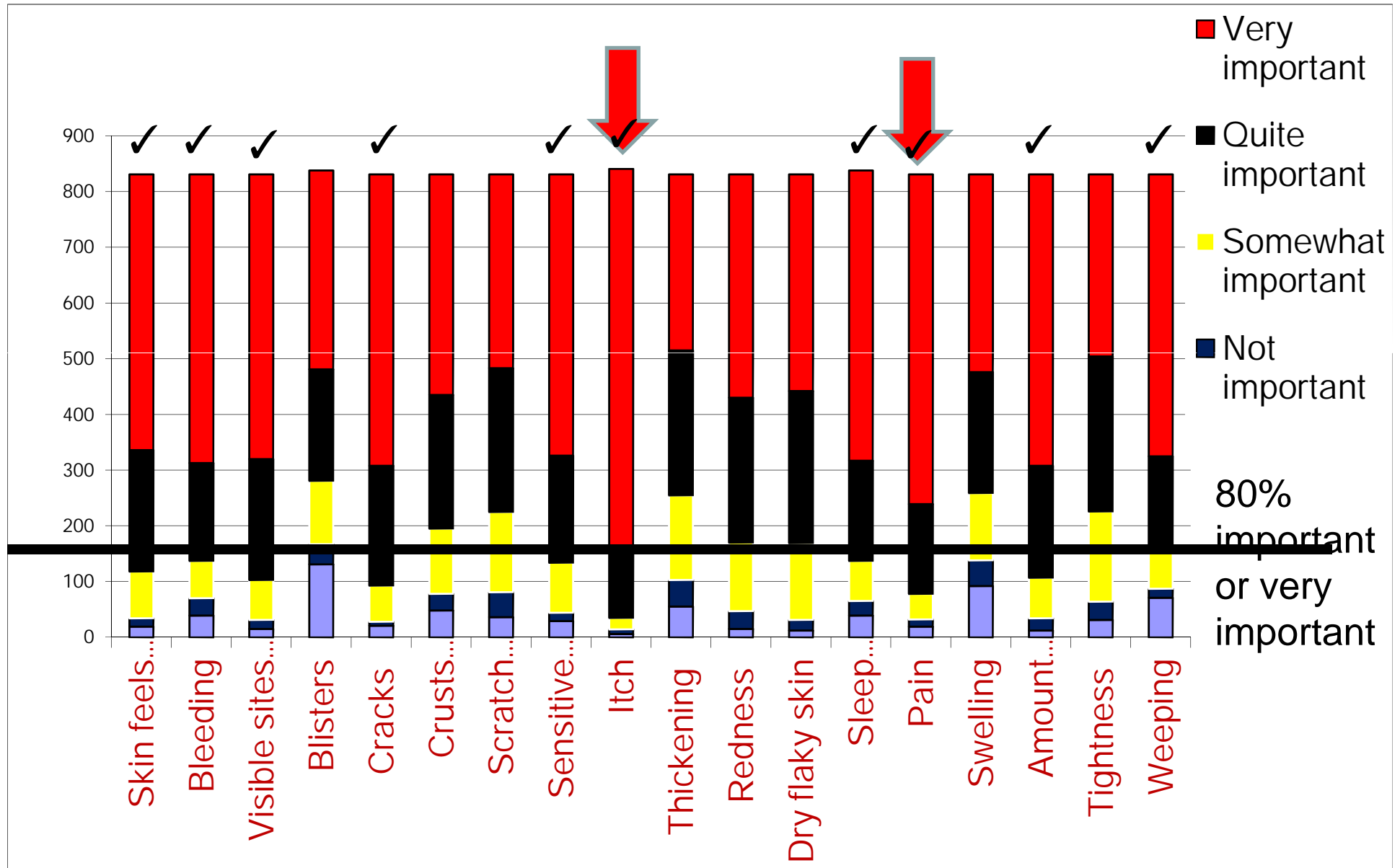
Sex	n	%
<i>Female</i>	520	65.5
<i>Male</i>	274	34.5
Age		
<5 years	148	18.6
<i>6 to 15 years</i>	187	23.5
<i>16 to 25 years</i>	121	15.2
<i>26 to 45 years</i>	194	24.3
<i>46 to 65 years</i>	128	16.1
<i>66+ years</i>	22	2.8
Skin colour		
Light	537	67.3
Slightly coloured	190	23.8
Dark	62	7.8
Very dark	9	1.1

Aspects of eczema

Onset of eczema	n	%
0 to 2 years	559	70.4
3 to 6 years	85	10.7
7 to 15 years	54	6.8
16+ years	105	13.2
Severity		
No eczema	39	4.9
Mild eczema	242	30.4
Moderate eczema	310	38.9
Severe eczema	206	25.8

Itch and pain are most important to patients

How important are these features in deciding whether or not a treatment is working?





Other important items
especially in children:

Scratch marks

Scale and their content validity from the patient`s perspective

>50% to 80% of items important or very important in the best scales

Other results

*How often is **information needed** for an **eczema diary** (in a research study lasting more than 6 months)?*

Daily 481 55.9%

Weekly 318 38.9%

Monthly 36 4.4%

Every few months 1.1%

*How often would you be **willing to complete an eczema diary** (in a research study lasting more than 6 months)?*

Daily 427 52.2%

Weekly 377 46.1%

Monthly 46 5.6%

Every few months 18 2.2%

Time to complete the survey

Time to complete the survey	n	%
< 5 minutes	737	92.1
5 to 10 minutes	62	7.8
> 10 minutes	2	0.3

Conclusions

Symptoms are important for patients

Signs can be useful for clinical assessment

Thank you!

Patients

